Osler Suicide Interview Checklist (OSIC)

Depressive Symptoms
- Hopelessness
- Worthlessness
- Anhedonia
- Panic attacks
- Impulsivity
- Psychosis (including command hallucinations)

- Recent Substance Abuse

- Recent Loss/Trauma/Stress

- Family/Peer History of Suicide

Suicidal Thoughts
- Thoughts of death
- Wish to die
- Plan to die
- Intent to act
- Access to lethal means

Suicidal Behavior (past and recent)
- Preparatory behaviors (notes, etc.)
- Attempts (interrupted, aborted, unsuccessful)
- Was there intent to die?
- Persistent desire to die?
- Expressed regret over attempt? If yes, why? What changed?
- Options for safety should the feeling state re-occur?

Safety
- Reasons to stay alive
- Future Orientation
- Social Supports
- Professional/Community supports
- Ability to commit to safety

For inquiries and permission regarding utilization of the OSIC contact David Koczerginski MD FRCPC
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OSIC INSTRUCTIONS

1. Use post clinical interview

2. Ensure all sections were assessed and documented

3. Document “OSIC Completed”