TRAUMA STATISTICS

PREVALENCE

• 60% of adults report abuse or other difficult family circumstances during childhood.
• 26% of children in the U.S. will witness or experience a traumatic event before they turn four.
• 2% of all children experienced sexual assault or sexual abuse during the past year.
• 11% of girls age 14-17 experienced sexual assault or sexual abuse during the past year.
• 1 in 5 children witnessed violence in their family or neighborhood during the past year.
• More than 60% of youth age 17 and younger have been exposed to crime, violence, and abuse, either directly or indirectly.
• Nearly half of all children and adolescents were assaulted at least once in the past year.
• Four of every 10 children in America say they experienced a physical assault during the past year. One in 10 children was injured in an assault.

IMPACT

• The economic burden of trauma is more than $585 billion every year.
• People who have experienced trauma are:
  ◉ 15 times more likely to attempt suicide
  ◉ 4 times more likely to become an alcoholic
  ◉ 4 times more likely to develop a sexually transmitted disease
  ◉ 4 times more likely to inject drugs
  ◉ 3 times more likely to use antidepressant medication
  ◉ 3 times more likely to be absent from work
  ◉ 3 times more likely to experience depression
  ◉ 3 times more likely to have serious job problems
  ◉ 2.5 times more likely to smoke
  ◉ 2 times more likely to develop chronic obstructive pulmonary disease (COPD)
  ◉ 2 times more likely to have serious financial problems

Sources: NationalTraumaInstitute.org and RecognizeTrauma.org