Physiotherapy and Stroke

Stroke is currently one of the leading causes of death and disability in Ontario.

$1 billion: The annual cost of stroke care in Ontario

There is a marked shortage of both out-patient and in-patient rehab services in Ontario. As stroke patients move throughout the health system, a lack of coordination among care providers and organizations has a negative impact on the patient and costs the system more money.

What does physiotherapy treatment do?

- Reduces Mortality
- Saves the healthcare system valuable dollars
- Improves function post stroke

The more mins/hours per week patients utilize physiotherapy, the more favourable their functional outcome becomes.

Physiotherapists are an essential component of both in-patient and out-patient stroke rehabilitation programs. A multi-disciplinary approach, including physiotherapy, demonstrates better clinical outcomes than non-coordinated treatments.

Ontario Physiotherapy Association

416 322 6866  1 800 672 9662  opa.on.ca