Discharge instruction sheet

Information and instructions

☐ Information Brochures from COPD checklist are given to patient prior to discharge
   If you have any questions, ask your Nurse or Doctor before you leave.

Here are more resources that you may find helpful:

- The Lung Association at http://www.on.lung.ca/
- Canadian Lung Association BreathWorks COPD Help Line 1-866-717-COPD (2673)
- For information on how to stop smoking: Smokers Helpline: 1-877-513-5333 http://www.smokershelpline.ca/

☐ Review all of the information handouts again when you arrive home. They contain important
   information about when to contact a health care provider.

☐ Smoking Cessation Program Self referral : Phone number: 1877-513-5333

Additional follow-up

☐ Arrange for an appointment with the following:

☐ Pulmonary Rehabilitation Services to begin within 1-4 weeks following hospital discharge
☐ Arranged by hospital: Date: _______________ Time: _____ ☐ You will be notified
Dr._________________ (PCP) to be seen within week(s) of discharge (1-4 weeks)

Dr._________________ (Respirologist); to be seen within week(s) of discharge (1-2 weeks)

Dr._________________ (Internist); to be seen within week(s) of discharge (1-2 weeks)