Has hospital use for mental disorders changed?

- Increase in ED visits: 50%
- Increase in hospitalizations: 42%
- Hospitalizations for other conditions have decreased: -16%

Studies show that the prevalence of mental disorders is unchanged over time.

How many youth received medication for mental disorders?

1 in 12 youth*

were dispensed a mood/anxiety or antipsychotic medication

The most commonly prescribed antipsychotic medication was dispensed to youth almost exclusively at dosages below the recommended range for treating schizophrenia and bipolar disorders.

* 7.0% (65,008) of youth living in B.C., Saskatchewan and Manitoba were dispensed at least 1 medication to treat a mood or anxiety disorder, and 1.6% (15,184) were dispensed at least 1 antipsychotic medication. This equates to about 1 in 12 adolescents in 2014–2015.

Visit www.cihi.ca for more detailed information about youth and mental health in Canada.