What Is Medical Marijuana?

Cannabis (marijuana) is a plant that contains biologically active substances in its leaves, flowers, and buds and their extracts (for example, oil and concentrates). Medical cannabis can help treat symptoms like pain, nausea, and lack of appetite. It may be used by people who have conditions like cancer, AIDS, or multiple sclerosis.

The two most biologically active chemicals in cannabis are THC and CBD. THC affects how you think, act, and feel. It can make you feel intoxicated or "high." CBD may lessen pain and other symptoms. There are many types, or strains, of cannabis. Each plant has specific THC-to-CBD ratios. Because of this, some strains have different kinds of effects than others. For example, if a strain of cannabis has a higher ratio of THC to CBD, it's more likely to affect your judgment, coordination, and decision making. Your health care provider may be able to tell you about the different strains you can try for your health problem and their possible effects.

Can I take recreational cannabis instead of medical cannabis?
If you are considering trying cannabis for medical reasons please talk to your health care provider. Although recreational cannabis is legal in Canada self-medicating with recreational cannabis is not a safe substitute for receiving medical cannabis from a licensed seller under the direction of your healthcare provider.

Source:
HealthLink BC | Medical Cannabis (https://www.healthlinkbc.ca/medications/medical-cannabis)