Resources for Managing Finances During COVID-19

COVID-19 has negatively impacted the finances of many people. We have gathered some resources below offering financial tips and advice:

The Chartered Professional Accountants of Canada published tips for managing personal finances during the COVID-19 crisis (link)

The Financial Consumer Agency of Canada published guidelines outlining government support policies during challenging times (link)

The National Bank of Canada published an article about five opportunities you can seize during the COVID-19 pandemic (link)

Be sure to check the government’s COVID-19 Economic Response Plan and available support for individuals and families (link)

Speak with your bank about COVID-19 policies: special measures include mortgage deferrals from Canada’s six major banks and relief for credit payments (link)

Stay updated with your manager for policies specific to your workplace and position if you currently have a job, e.g., sick leave